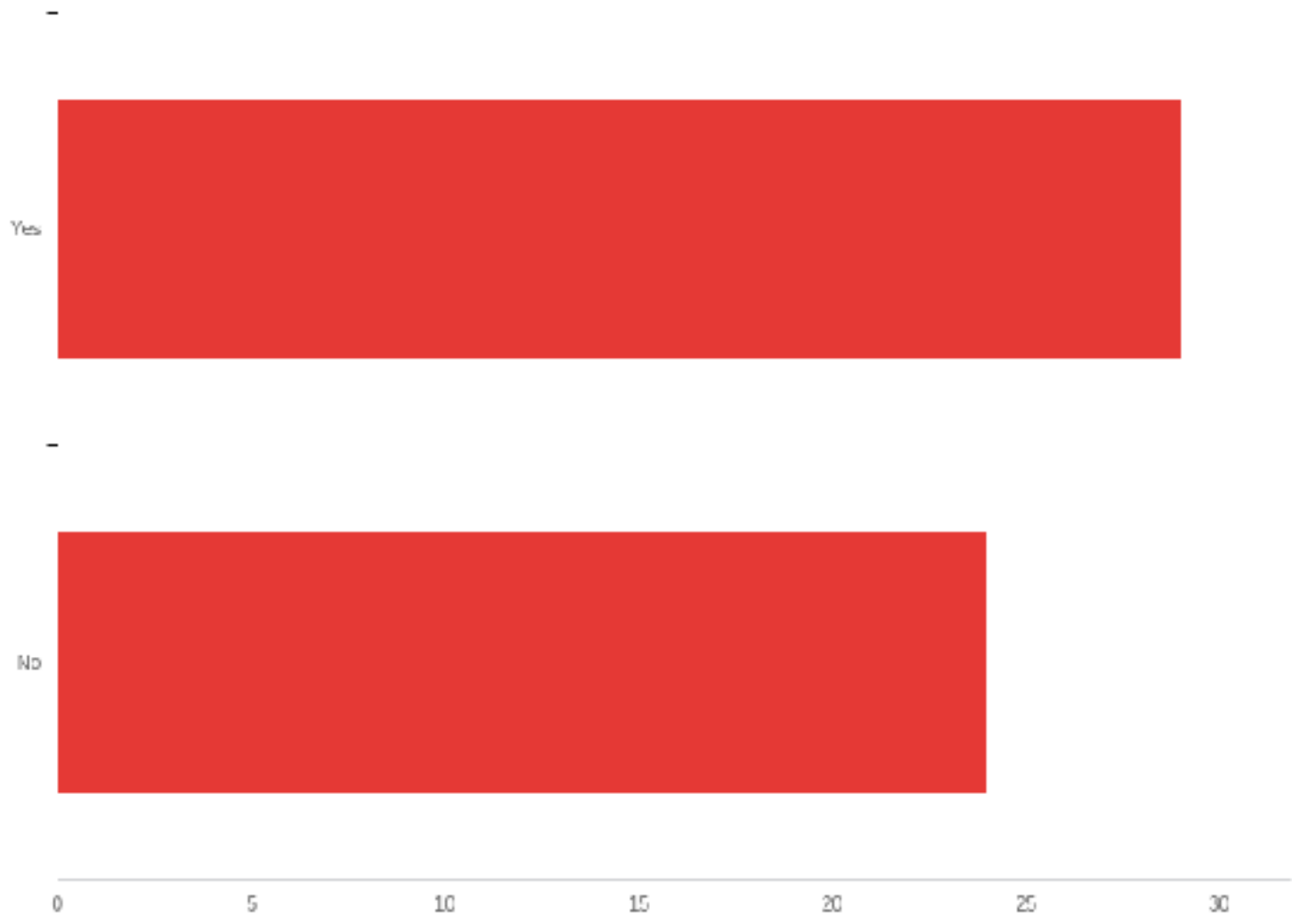


Default Report

Community Mental Health Survey for 10th Graders in Jefferson County - PT

April 16th 2021, 11:29 pm MDT

Q2 - During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?



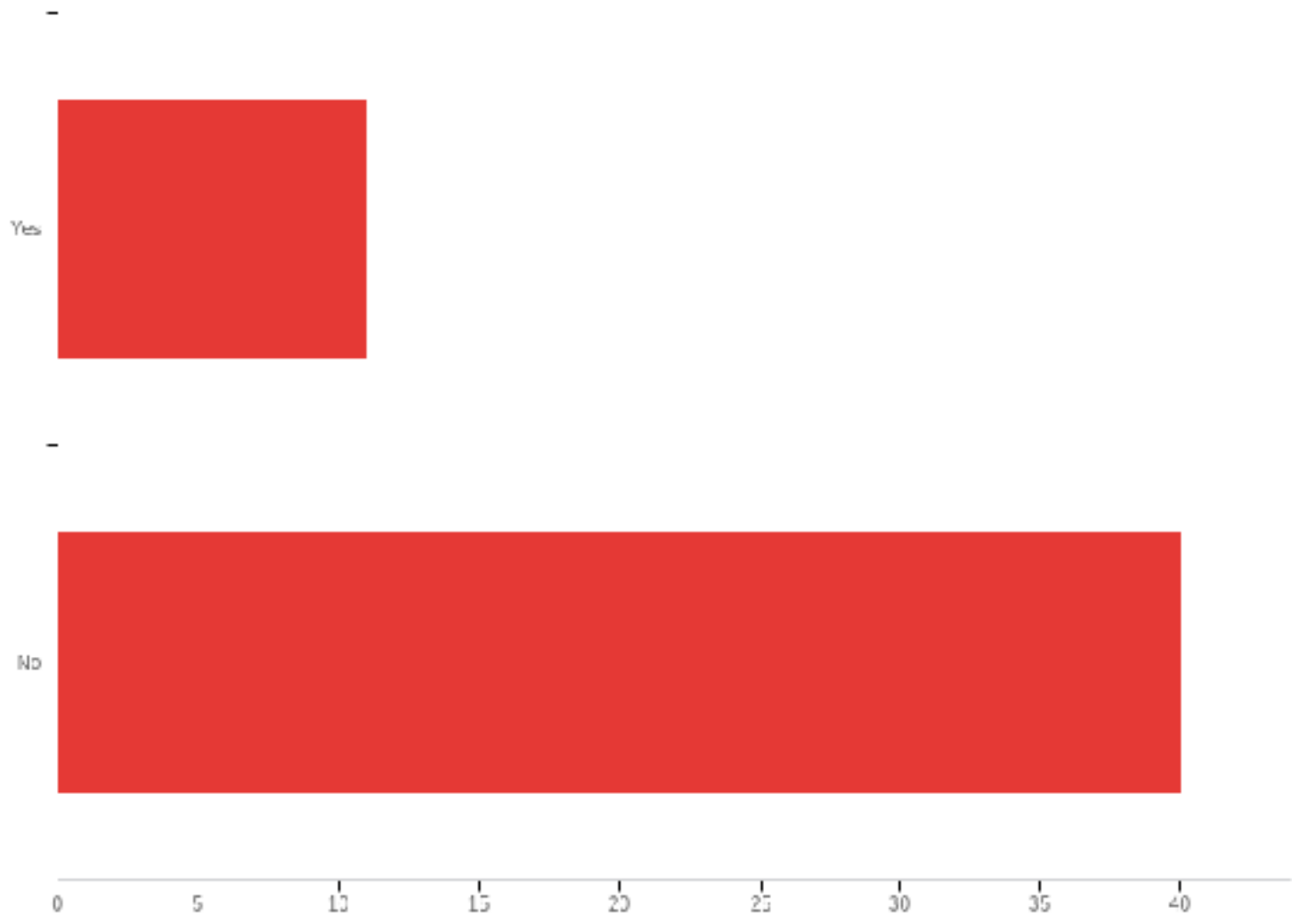
Q2 - During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	1.00	2.00	1.45	0.50	0.25	53

Q2 - During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

#	Answer	%	Count
1	Yes	54.72%	29
2	No	45.28%	24
	Total	100%	53

Q3 - During the past 12 months, did you ever seriously consider attempting suicide?



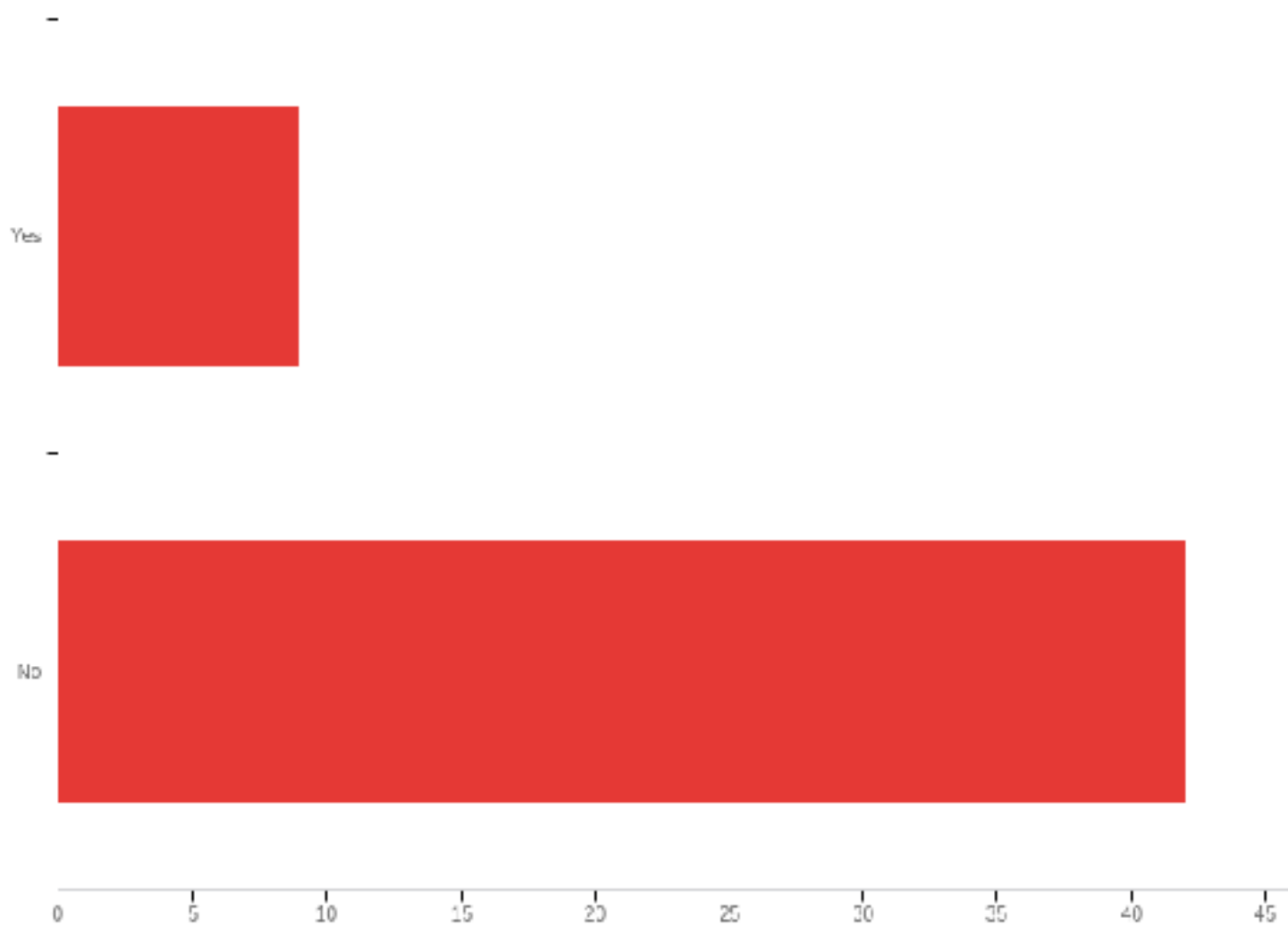
Q3 - During the past 12 months, did you ever seriously consider attempting suicide?

#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	During the past 12 months, did you ever seriously consider attempting suicide?	1.00	2.00	1.78	0.41	0.17	51

Q3 - During the past 12 months, did you ever seriously consider attempting suicide?

#	Answer	%	Count
1	Yes	21.57%	11
2	No	78.43%	40
	Total	100%	51

Q4 - During the past 12 months, did you make a plan about how you would attempt suicide?



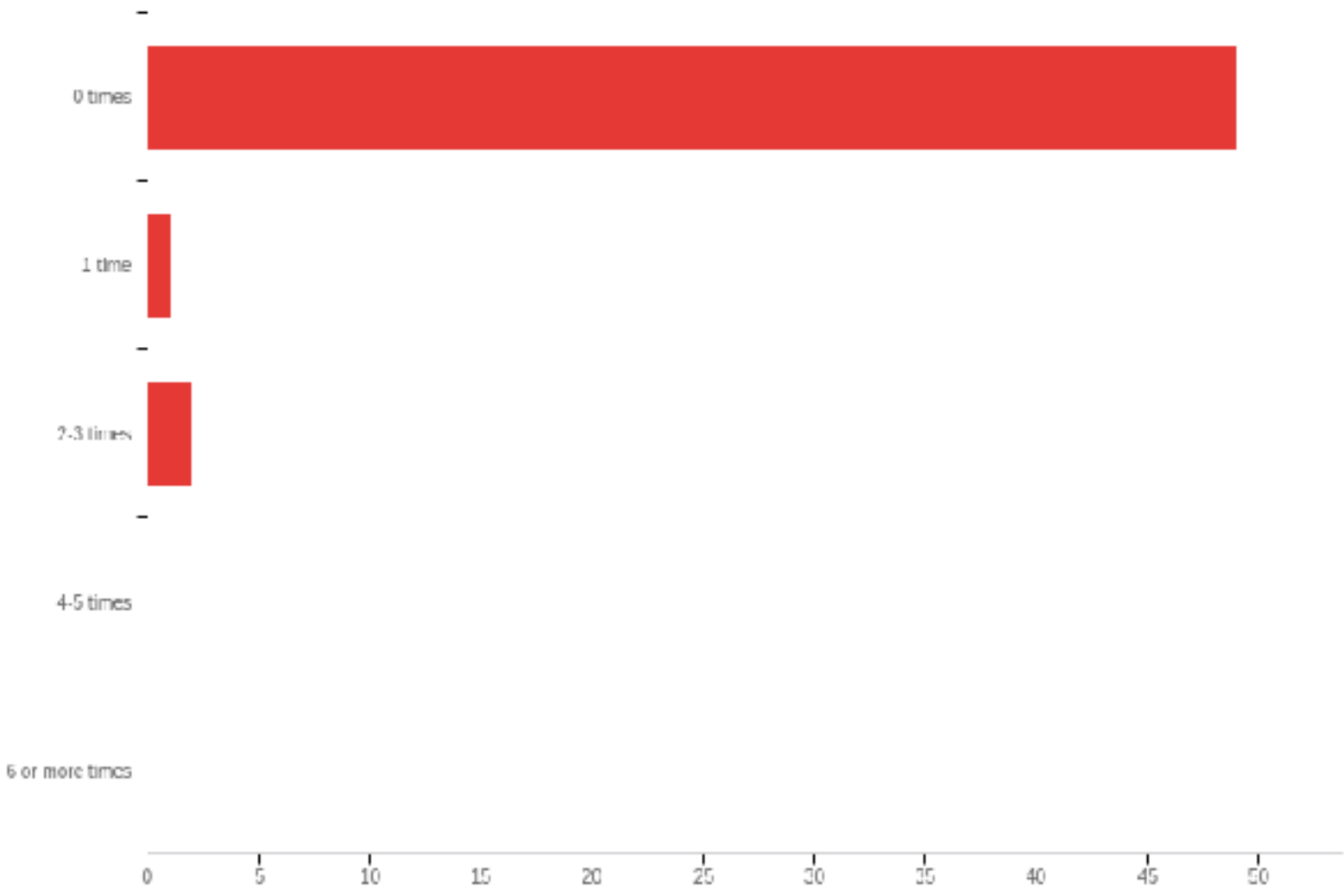
Q4 - During the past 12 months, did you make a plan about how you would attempt suicide?

#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	During the past 12 months, did you make a plan about how you would attempt suicide?	1.00	2.00	1.82	0.38	0.15	51

Q4 - During the past 12 months, did you make a plan about how you would attempt suicide?

#	Answer	%	Count
1	Yes	17.65%	9
2	No	82.35%	42
	Total	100%	51

Q5 - During the past 12 months, how many times did you actually attempt suicide?



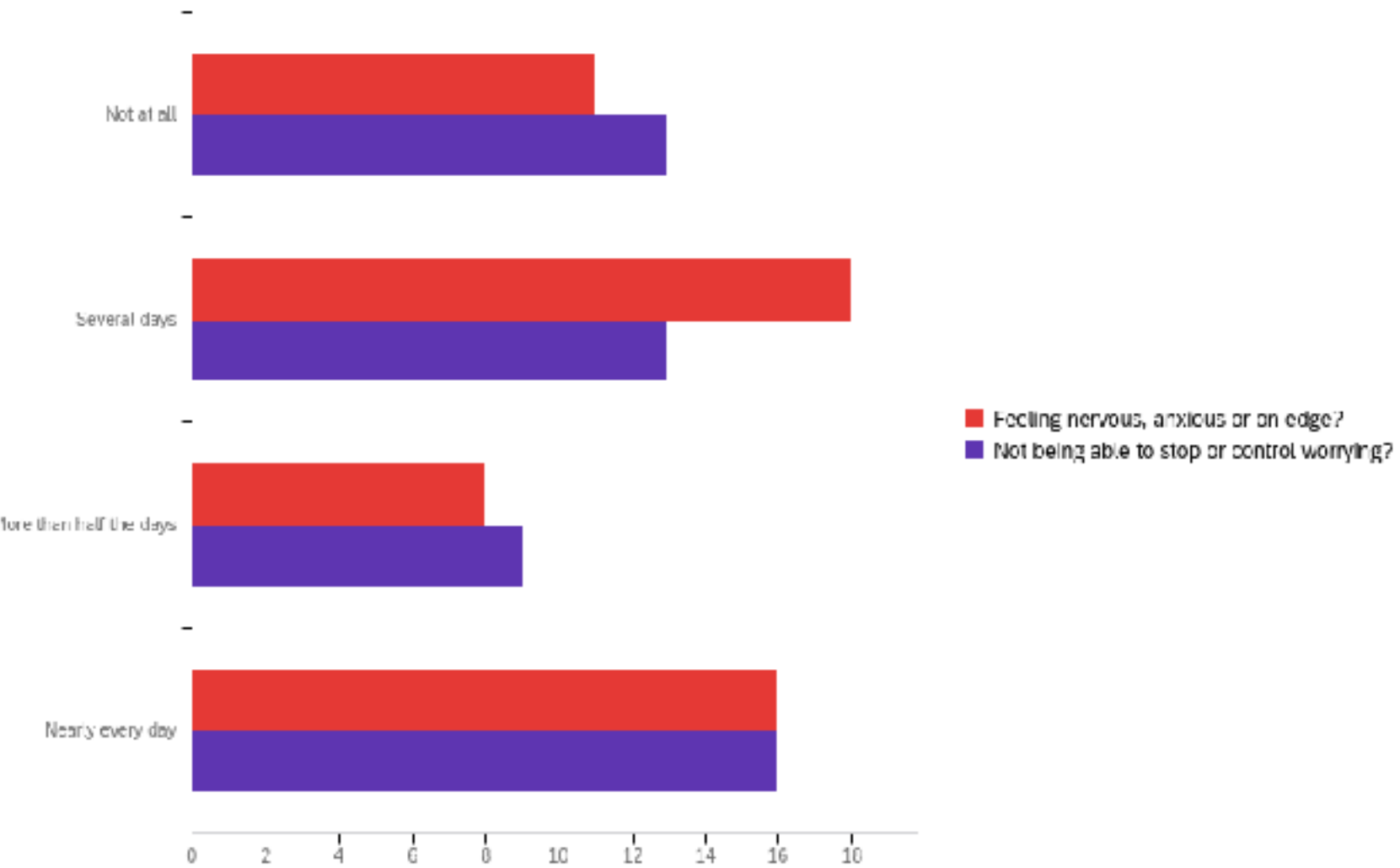
Q5 - During the past 12 months, how many times did you actually attempt suicide?

#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	During the past 12 months, how many times did you actually attempt suicide?	1.00	3.00	1.10	0.40	0.16	52

Q5 - During the past 12 months, how many times did you actually attempt suicide?

#	Answer	%	Count
1	0 times	94.23%	49
2	1 time	1.92%	1
3	2-3 times	3.85%	2
4	4-5 times	0.00%	0
5	6 or more times	0.00%	0
	Total	100%	52

Q6 - How often over the last 2 weeks were you bothered by:



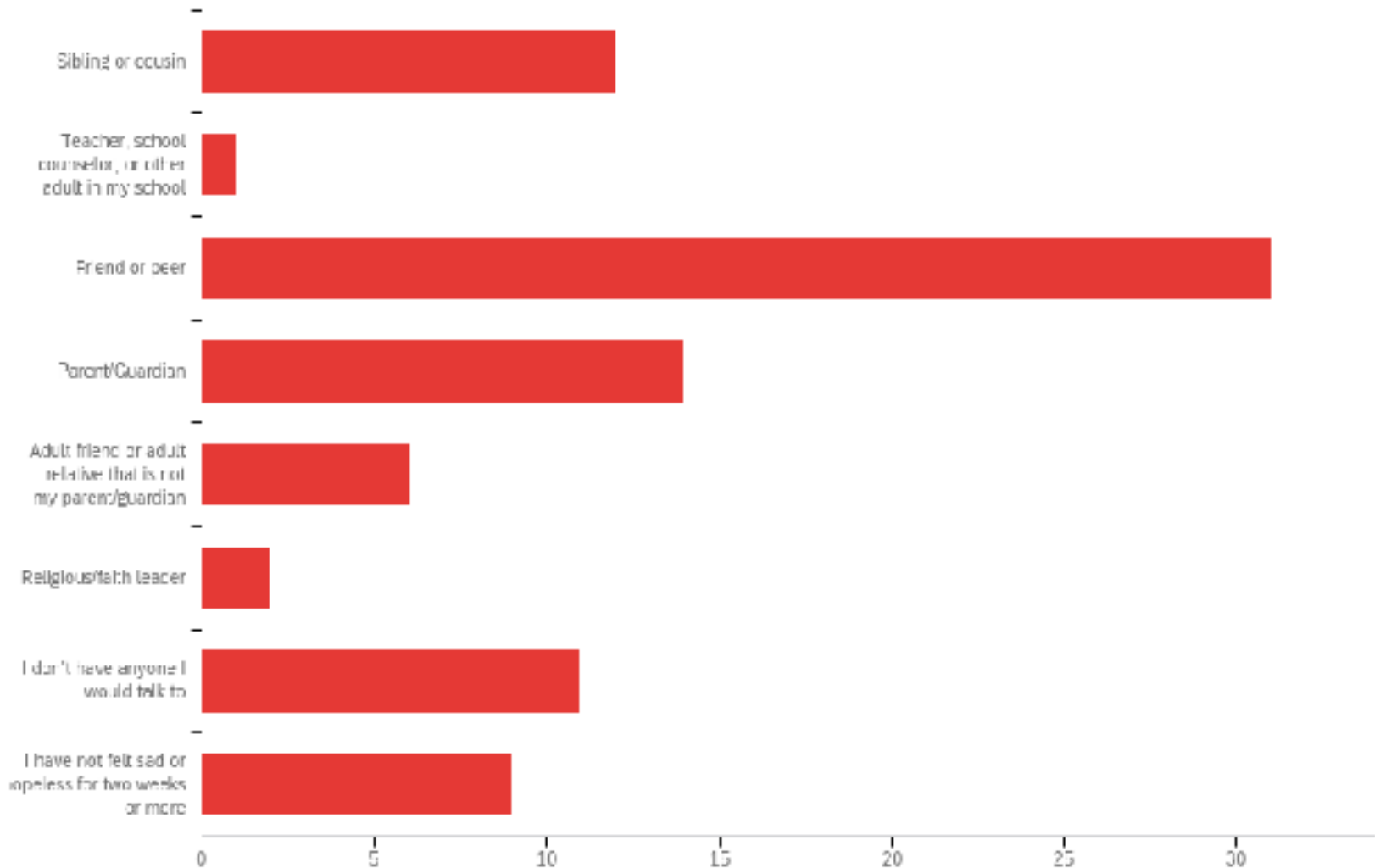
Q6 - How often over the last 2 weeks were you bothered by:

#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	Feeling nervous, anxious or on edge?	1.00	4.00	2.55	1.13	1.27	53
2	Not being able to stop or control worrying?	1.00	4.00	2.55	1.18	1.38	51

Q6 - How often over the last 2 weeks were you bothered by:

#	Question	Not at all		Several days		More than half the days		Nearly every day
1	Feeling nervous, anxious or on edge?	20.75%	11	33.96%	18	15.09%	8	30.19%
2	Not being able to stop or control worrying?	25.49%	13	25.49%	13	17.65%	9	31.37%

Q7 - If you feel sad or hopeless almost every day for two weeks or more in a row, to whom would you most likely turn for help?
(Check all that apply)



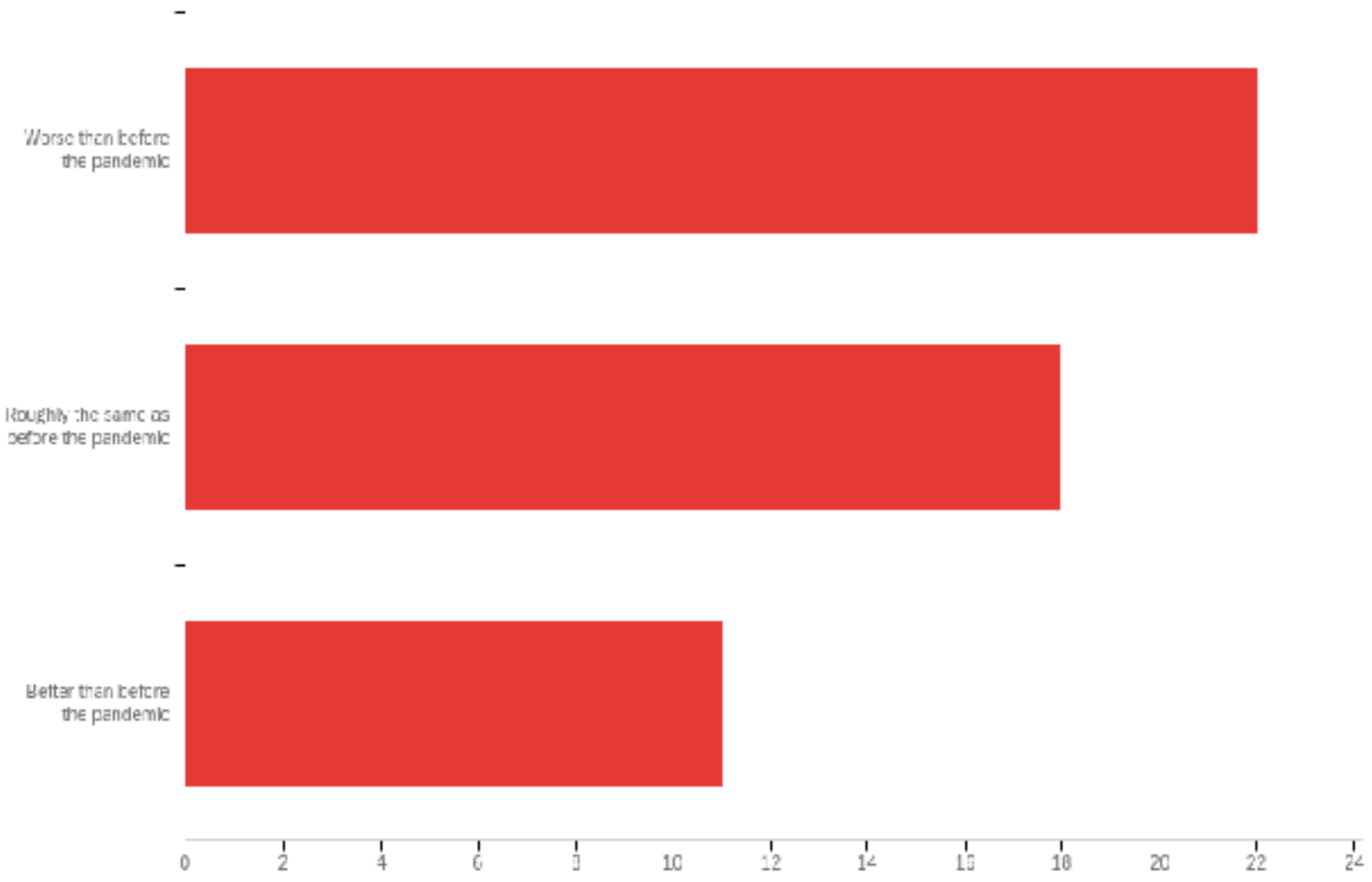
Q7 - If you feel sad or hopeless almost every day for two weeks or more in a row, to whom would you most likely turn for help? (Check all that apply)

#	Answer	%	Count
1	Sibling or cousin	13.95%	12
2	Teacher, school counselor, or other adult in my school	1.16%	1
3	Friend or peer	36.05%	31
4	Parent/Guardian	16.28%	14
5	Adult friend or adult relative that is not my parent/guardian	6.98%	6
6	Religious/faith leader	2.33%	2
7	I don't have anyone I would talk to	12.79%	11
8	I have not felt sad or hopeless for two weeks or more	10.47%	9

Q7 - If you feel sad or hopeless almost every day for two weeks or more in a row, to whom would you most likely turn for help? (Check all that apply)

#	Answer	%	Count
	Total	100%	86

Q8 - Compared to the time before the pandemic, how would you describe your current mental health?



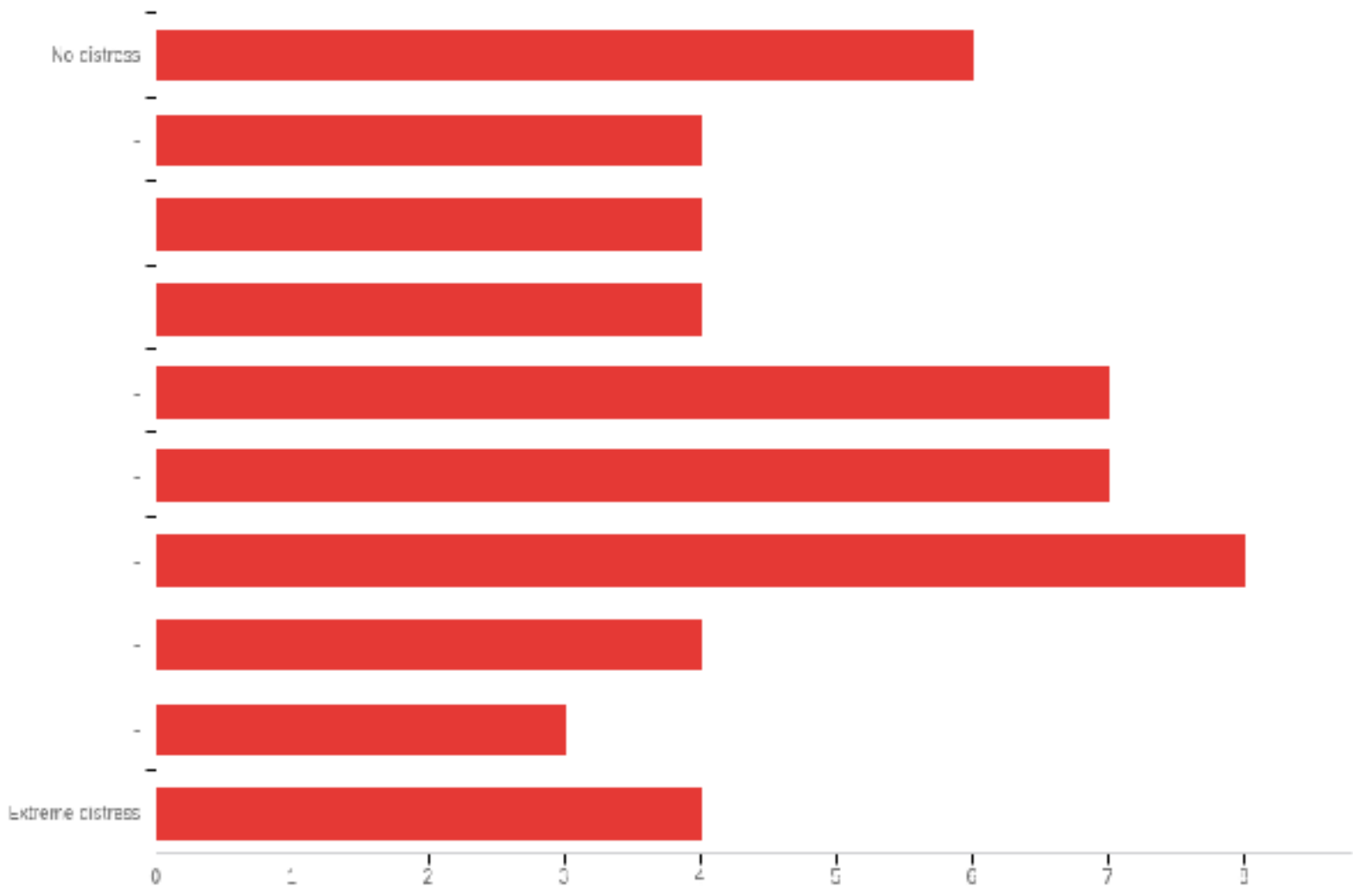
Q8 - Compared to the time before the pandemic, how would you describe your current mental health?

#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	Compared to the time before the pandemic , how would you describe your current mental health?	1.00	3.00	1.78	0.77	0.60	51

Q8 - Compared to the time before the pandemic, how would you describe your current mental health?

#	Answer	%	Count
1	Worse than before the pandemic	43.14%	22
2	Roughly the same as before the pandemic	35.29%	18
3	Better than before the pandemic	21.57%	11
	Total	100%	51

Q9 - Overall, how much distress have you experienced due to COVID-19?



Q9 - Overall, how much distress have you experienced due to COVID-19?

#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	Overall, how much distress have you experienced due to COVID-19?	1.00	10.00	5.37	2.69	7.21	51

Q9 - Overall, how much distress have you experienced due to COVID-19?

#	Answer	%	Count
1	No distress	11.76%	6
2	-	7.84%	4
3	-	7.84%	4
4	-	7.84%	4
5	-	13.73%	7
6	-	13.73%	7
7	-	15.69%	8
8	-	7.84%	4
9	-	5.88%	3
10	Extreme distress	7.84%	4
	Total	100%	51

Q10 - Please tell us about the effects of COVID-19 on you and your family, both negative and positive

Please tell us about the effects of COVID-19 on you and your family, both negative and positive

me and my family have just been inconvenienced by the closers and restrictions that the government has put in place. we can see the truth behind the "pandemic" and are just waiting for people stop being scared and get everything back to normal.

COVID helped my family grow closer, since we have been stuck inside together for so long. I cannot think of any ways that it has affected us negatively.

There has been none

During COVID my family and I have been arguing more, mainly that is because I have a hard time doing my homework at home when alone and when they get home from work they end up helping me with my homework which I wouldn't say is very relaxing. The arguing has never been bad I should say, (and I mean in or outside of COVID) and yes I am safe. I thought I should say that in case you are wondering if I am in trouble but no. Everyone argues.

It has shoved us together physically and seems to make us farther apart emotionally

Personally for me it's really tough because there is so much extra time to be alone with your thoughts.

covid did not really have a big effect on my family

Q10 - Please tell us about the effects of COVID-19 on you and your family, both negative and positive

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not being able to get out of the house as much to do things has been defiantly the worst part for us. but also we've had a lot more family nights where we just hang out as a family.

Well for about a year, I never hung out with friends and only spoke to two because of limited reach. My family as a whole actually did good, both my parents got raises in their jobs and started a garden.

It hasn't changed too much but my grades in school have gone down by a lot.

I have found my values?

positive- taxes and covid money has really helped
negative - we cant do as much a lot of people get cabin fever

We don't get to do as much and I feel being bored has made some of my family pick up unhealthy habits. Although we have groan closer.

Family closer but more irritable

Q10 - Please tell us about the effects of COVID-19 on you and your family, both negative and positive

Please tell us about the effects of COVID-19 on you and your family, both negative and positive

Nothings really happened although my father has become much more paranoid

Since I've been inside the whole time I haven't been able to talk to anyone outside my family so that kind of sucks, cant really think of a positive

Having to worry about any of us getting COVID and it's help us become closer.

the only negative thing is not being able to see some of my friends but im very grateful to say my family hasnt been effected negatively

Negative: It was all new and was worried about getting COVID because my mom and I are high risks.

Positive: We became closer.

I have never been the biggest fan of in school learning. My mom has pushed me towards PI for years. I should have done it years ago. I get it know. The bull that comes along with being in school each day is not there anymore. The drama The clicks The troubles from some of the people gone.

The negative is not seeing some of your friends as much.

nothing really negative but we get to see each other more which is nice

negative: my grandma can't go visit her sister who has had major health problems this year, many people in my family have missed out on opportunities and lost jobs.

Positive: I got to see my older sibling a lot more since they were home from college.

Q10 - Please tell us about the effects of COVID-19 on you and your family, both negative and positive

Please tell us about the effects of COVID-19 on you and your family, both negative and positive

Moneys been really tight and there been a lot more stress

We had a recently depressed family member move in with us, and its caused a lot of tension in my household, and sometimes, but not always, makes it hard for me to focus on myself and my schoolwork.

I took it hard. I am a very social person so everything I was used to doing was taken from me. I had many anxiety attacks and just wanted things to go back to normal. I really lost myself. I still feel this way and feel like I can't escape it. I can't stand being at home I need to be around other people and interact.

lots of arguments, anger, incidents

my family and I have become closer and more athletic. We watch Criminal Minds almost every night etc.

everyone panic buys everything from the store nd its really annoying when you go shopping parents don't have jobs bc of it

ehhhhh, not many effects.

Not being able to socialize with my friends has been particularly hard. Online school means I largely stay in one room every day. This has meant that my social anxiety has gotten much worse when forced to socialize. My family overall has not been impacted much due to the fact that my guardian is an essential worker.

Q10 - Please tell us about the effects of COVID-19 on you and your family, both negative and positive

Please tell us about the effects of COVID-19 on you and your family, both negative and positive

I don't have Covid-19

School is extremely draining to me.

negative is that we have to stay home more, not travel and see friends less
positive is that we have more family

Positive- I have gotten closer to my family and got to spend more time with my dad
Negative- Haven't gotten to see many people

Nothing has changed with my family.

COVID has been difficult, but not having to go to in-person school has been the single most helpful thing for my mental health that's ever happened.

It is a good bonding experience but then when you can't do anything it starts to take a toll on you.

NONE

no effects

Q10 - Please tell us about the effects of COVID-19 on you and your family, both negative and positive

Please tell us about the effects of COVID-19 on you and your family, both negative and positive

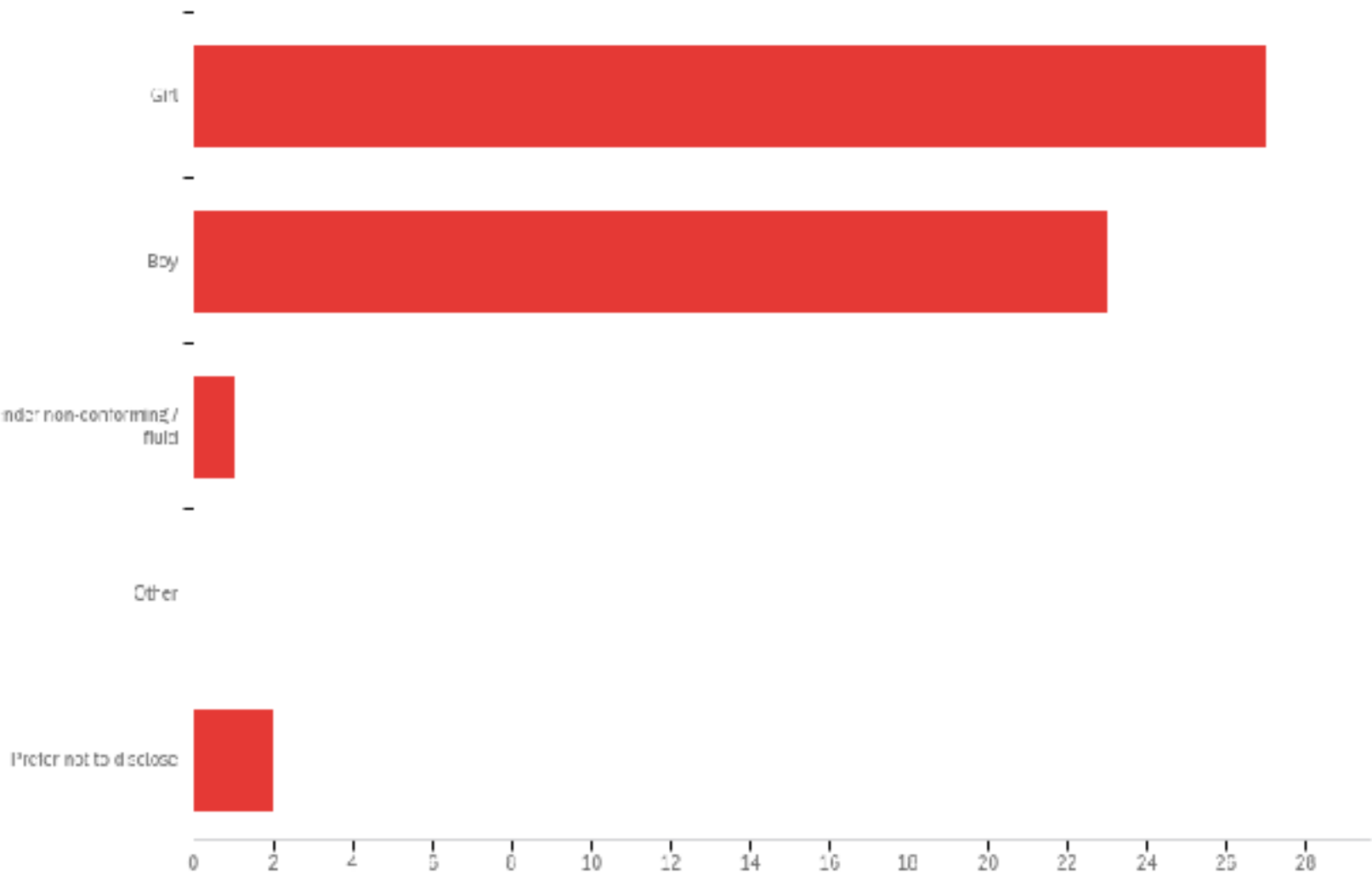
its been basically all negative lmao, my mothers side of the family are the lovely (/s) people who act as though the virus isn't that bad and refuse to believe that masks work. my dads family is,,, eh, they don't seem to realize that having people over is a hazard but idk man lmao

None

at the start of the pandemic, I had at least one of my parents. now i have no parents

I have a lot of anxiety and I find it hard to focus on things

Q11 - What is your gender?



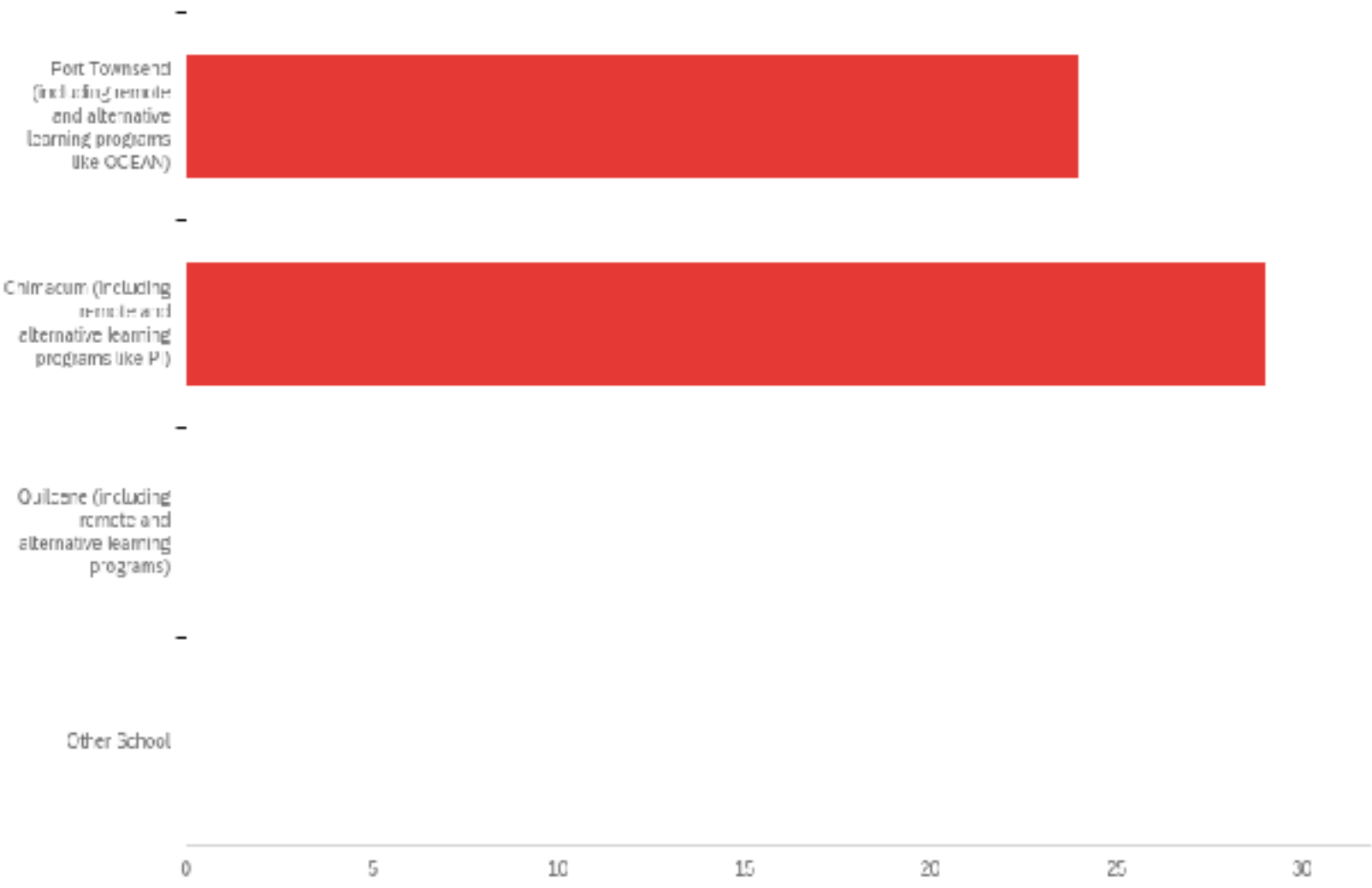
Q11 - What is your gender?

#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	What is your gender?	1.00	5.00	1.62	0.85	0.73	53

Q11 - What is your gender?

#	Answer	%	Count
1	Girl	50.94%	27
2	Boy	43.40%	23
3	Gender non-conforming / fluid	1.89%	1
4	Other	0.00%	0
5	Prefer not to disclose	3.77%	2
	Total	100%	53

Q12 - Which school do you attend?



Q12 - Which school do you attend?

#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	Which school do you attend?	1.00	2.00	1.55	0.50	0.25	53

Q12 - Which school do you attend?

#	Answer	%	Count
1	Port Townsend (including remote and alternative learning programs like OCEAN)	45.28%	24
2	Chimacum (including remote and alternative learning programs like PI)	54.72%	29
3	Quilcene (including remote and alternative learning programs)	0.00%	0
4	Other School	0.00%	0
	Total	100%	53